

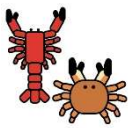


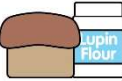






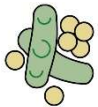



# MAIN MEAL DISHES AND THEIR ALLERGEN CONTENT – CASTLE NEWNHAM SCHOOL

WEEK 4 DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Balti chicken curry		x							x					x
Butternut squash and broccoli tikka		x							x					x
Beef chilli dog	x	x					x		x	x		x	x	x
Smokey bean Quorn enchilada	x	x					x		x				x	x
Lamb moussaka	x	x					x		x					x
Cajun veg flat bread, feta	x	x					x		x					x
Roast chicken, stuffing		x												
Cheese tomato and basil quiche		x					x							
Fisherman's ocean pie		x		x	x		x							
Lentil and vegetable lasagne		x					x							x

Review date: 30/07/2021

Reviewed by: Sonia Robson