

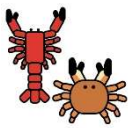


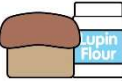






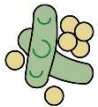



# MAIN MEAL DISHES AND THEIR ALLERGEN CONTENT – CASTLE NEWNHAM SCHOOL

WEEK 6 DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spanish chicken and chorizo							x							x
Spinach potato chickpea curry	x	x							x					x
Chicken and vegetable enchilada		x					x		x					x
Sweet and sour vegetables	x	x											x	x
Beef lasagne	x	x					x							x
Vegetable and cheese tortilla				x			x							x
Braised sausage, onion gravy, Yorkshire	x	x		x			x							x
Cheese tomato and potato pie		x					x							
Breaded cod		x		x	x									
Quorn chilli burrito	x	x					x						x	x

Review date: 30/07/2021

Reviewed by: Sonia Robson